

























Studies included (n = 15)

Records excluded (n = 70)

Wrong population (n = 32)

Wrong intervention (n = 10)

Wrong publication type (n = 10)

Backgroundarticle (n = 9)

Wrong comparison (n = 4)

Other reasons (n = 5)

Full-text articles excluded, with reasons (n = 3)

Wrong publication type (n = 1) No placebo group (n = 2)

Included











